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How to Sanitize Your Hands Properly

\ Let's sanitize your hands properly by following this guide! /



1. Receive alcohol-based hand sanitizer on your palms.



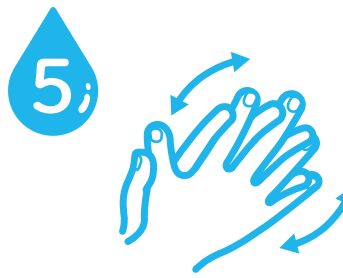
2. Rub hands palm to palm.



3. Rub up clasped fingers of hand with palm.



4. Rub palm over the back of another hand with interlaced fingers.



5. Rub again palm to palm with fingers interlaced.



6. Clasp your thumb with your palm and rub.



7. Rub up to both wrists with palm.



8. Once dry your hands, sanitizing is completed!